



**SLOW
DOWN**

Please keep safety first. Come to a COMPLETE stop at all stop signs and maintain a maximum speed of 5mph. Violators will receive a noncompliance notice.



Happy New Year! Please clean your patios and remove all your holiday décor by **January 10th**.

Be a Good Neighbor

Be courteous of your neighbors. We are all home a little more than normal right now, so please be mindful and aware of your daily noise!

New Year
NEW YOU!



Detox Smoothie

Ingredients

- 1/4 cup frozen blueberries
- 1 banana
- 2 kiwis
- 1/2 green apple
- 2 cups fresh spinach or kale
- 1/4 avocado
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- 1 cup coconut water
- Optional: 1/4 cup plain Greek yogurt, peanut butter

Instructions

Add all ingredients to a blender and puree until smooth and well combined. If you want to make the smoothies thicker, add 1/4 cup Greek yogurt to the blender. Makes two smoothies.

What to do during Quarantine

Journal: about your feelings or current events.

We are living history right now!

Learn Something: Have something you have always wanted to try? Now might be the time to try it!

Write Letters: Find new ways to communicate with loved ones. What's better than getting mail, especially from loved ones?

**NO
SMOKING**

We are a smoke free property. This includes cigarettes and vapes

**Smoke & Carbon
Monoxide Detectors**

Safety is our top priority. We are checking detectors during service requests. Please remember, there is a \$50 fine for tampering with these devices, such as unplugging or removing batteries.

Office Hours

Monday	8:00 -5:00
Tuesday	8:00 -5:00
Wednesday	8:00 -5:00
Thursday	8:00 -5:00
Friday	8:00 -5:00
Saturday	Closed
Sunday	Closed



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